



## Cavities and Unsightly Fillings

Teeth that need to be filled no longer have to be marred by traditional silver/grey amalgam fillings. Instead **tooth coloured composite resins** (white fillings) can make your fillings virtually invisible to the untrained eye.

If cavities have become too large for a direct filling, we can treat them with an **inlay** or **onlay**. These are custom made at a dental laboratory or via CAD/CAM CEREC to provide an accurate match to your natural teeth and once bonded in place are very strong.

For an even larger cavity where the tooth is too weak to support another filling or inlay, the best option may be a crown. This fully covers the remaining tooth and is individually made by a technician or CEREC to match the colour of your other teeth.

## Lifeless Crowns and Black Lines at Gum Level

Although they remain functional, older crowns and bridges can sometimes look lifeless when compared to more modern materials. A black line may be visible at the crown/tooth junction, which looks even worse if the gum has also receded. Fortunately modern technology has developed strong and durable 'metal free' crowns and bridges which are almost indistinguishable from natural teeth.

## Excessive or uneven gums

Low or uneven gum levels can disrupt the beauty of a smile, like a beautiful painting in a poor frame. Gums can be reshaped to provide a more pleasing smile.



## Creating a confident smile

Smiles can be enhanced more beautifully and predictably than ever before. For more information on how we could help to boost your looks and confidence, please book a consultation with the team.

We'll take time to understand your wishes, and will be honest with you about what we can achieve from a dental and technical point of view. Before we do any treatment, we will assess, plan and design any changes to your appearance meticulously, helped by digital photographs and models.



We'll discuss the options available and help you choose which is best suited to you, your teeth and your lifestyle.

We also recognize that an investment in your smile may not have been budgeted for and we can discuss the ways to spread payment if you prefer.

**We look forward to seeing you soon.**

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## Enhancing your smile



Enhancing your smile

A great smile can make a huge difference to the way we look and feel and to the way in which other people react to us.

An improved smile can help you look younger and healthier.

Whether your teeth are not as light or as straight as you would like, one or more of your teeth are missing, or you have a few chips and cracks to repair, we can help. Our modern and highly effective dental techniques can ensure that we achieve significant improvements to your smile, which you will be longing to show off!

If you wish to enhance your smile, this brochure will provide an overview of techniques available at Evesham Dental Health Team. Please book a consultation and we will be happy to talk through all your options.



## Stained or discoloured teeth

If your teeth are simply stained on the surface, we can treat them with **Air Flow** – a combination of air, water and lemon flavoured sodium bicarbonate that will safely remove stains caused by tea, coffee, red wine and smoking. This treatment can often be incorporated into a hygienist visit.

**Tooth whitening** can have a huge effect on your smile, and is one of the easiest and most affordable ways of enhancing your smile.

Popular with all ages from trendy teenagers to glamorous grannies, professional whitening doesn't just remove surface stain but safely permeates into the teeth making them whiter throughout. Whitening can lighten healthy teeth that are dull or yellow, and also improve single teeth that have become darker. It will provide an overall whiter, brighter smile and, if one tooth is discoloured, a more consistent colour. For more information please see our separate leaflet on tooth whitening.

Sometimes old dental work may have become unsightly, discoloured or stained. Modern techniques – **white fillings, veneers and crowns** – can replace older treatment with more aesthetic tooth coloured materials and make your teeth look as good as new.



## Small Chips, Cracks or Gaps

Often it can be the small things that niggle at us most – a chip in a tooth, a crack spoiling the smooth surface, or an unwanted gap between our teeth.

Teeth can become chipped or cracked through natural wear and tear.

**Tooth contouring** and **polishing** might be all that is necessary to give back a more favourable tooth shape and younger looking smile.

Other small imperfections and gaps are relatively easy to fix by adding new material to the tooth. In many cases we use **composite bonding**, a simple and gentle procedure which uses aesthetic tooth coloured materials similar to those used for white fillings. In one appointment the chips, cracks and gaps can be hidden, leaving you with a smile to be proud of!

## Bigger Chips, Cracks or Gaps, Crooked or Misshapen Teeth

**Ceramic veneers, onlays and crowns** can improve a single tooth or completely transform all of your smile, making teeth look healthy, strong and attractive.

Veneers, onlays and crowns provide a new outer surface for a tooth, individually crafted of porcelain in the laboratory or via our CEREC CAD/CAM technology in-house. They are extremely versatile and can be used to:

- cover chipped, cracked, worn-down or discoloured teeth,
- improve the length /width / shape of a misshapen tooth,
- close gaps,
- make crooked teeth appear more even and straight.

With your new confident smile, you won't ever want to stop smiling!

"Same day crowns": our CEREC CAD/CAM technology enables biocompatible ceramic veneers, onlays and crowns to be designed, milled and fitted conveniently in a single visit. CEREC not only saves time, it avoids messy impressions, temporaries and repeat injections.

If your teeth are crooked or spaced, **orthodontics** may be suitable to straighten your teeth. The advantages and disadvantages compared to restorative dentistry can be discussed with you.



## Missing Teeth

These days losing teeth does not mean that you have to cope with a toothless grin or permanent gap in your smile. A number of choices are available to you.

The simplest but perhaps least preferable way of replacing missing teeth is with a removable **denture**. If a denture is the most appropriate choice you'll be pleased to learn that they no longer have to look or feel false. High quality materials and craftsmanship can provide dentures that look great and are comfortable to wear.

### Bridges

Bridges provide a fixed-in solution to replace missing teeth. They are held in place by the neighbouring teeth, and like crowns are very realistic and long lasting when carefully looked after.

### Dental implants

Dental implants are now proven to be the most successful and beneficial way of replacing a single tooth, several teeth or a full set of missing teeth. A dental implant is the closest possible replacement to a natural tooth. Dental implants allow you to enjoy improved appearance, eat what you want, maintain healthy adjacent teeth and also preserve the supporting bone.

